

## Preparing Public Health Nurses to Precept Public Health Nursing Students

Module 1: Core Functions and Cornerstones of Public Health Nursing Practice

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## Introduction

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- Henry Street Consortium
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## Course overview

- Module 1 – Core Functions and Cornerstones of Public Health Nursing
- Module 2 – Public Health Intervention Wheel
- Module 3 – Precepting Public Health Nursing Students using the Henry Street Entry-level Competencies



## Course Objectives

- Participants will demonstrate increased understanding of population-focused competencies for the new graduate public health nurse.
- Participants will identify population-focused nursing interventions matched to the new graduate competencies which public health nursing students can complete in the clinical setting.
- Participants will report increased confidence in their ability to be an effective public health nursing preceptor.

## Definitions

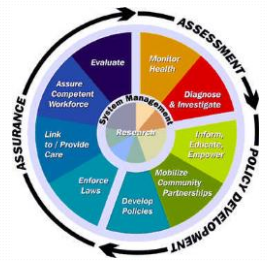
- Public health nursing
  - Population-focused
  - Health promotion & disease prevention
  - Governmental agency
- Specialty PHNs
  - Licensed School Nurses – educational needs
  - Correctional Nurses – safety
  - Faith Community Nurses – intentional care of the spirit
  - Occupational Health Nurses – cost/benefit



One good community nurse will save a dozen future policemen.  
Herbert Hoover

## Three Core Functions and Ten Essential Services of Public Health

- Assessment –
  - “knowing what needs to be done”
- Policy development
  - “being part of the solution”
- Assurance
  - “making sure it happens”



(Core Public Health Functions Steering Committee, 1995)

## Assessment and Essential Services

- Assessment – “knowing what needs to be done”
  1. Monitor health
  2. Diagnose and investigate

Garcia, Schaffer, & Schoon, 2014

## Policy Development and Essential Services

- Policy Development – “being part of the solution”
  3. Inform, educate, and empower
  4. Mobilize community partnerships
  5. Develop policies

Garcia, Schaffer, & Schoon, 2014

## Assurance and Essential Services

- Assurance – “making sure it happens”
  6. Enforce laws
  7. Link to/Provide Care
  8. Assure Competent Workforce
  9. Evaluate
  10. System Management

Garcia, Schaffer, & Schoon, 2014

## Research

- Research is the center of the Core Function Wheel.

## Cornerstones of Public Health Nursing

Florence Nightingale


## Cornerstone 1: Focuses on the health of populations

- Population-of-interest
  - Essentially healthy but health could be enhanced or protected.
- Population-at-risk
  - Common identified risk factor or exposure that poses a threat to health.



### Cornerstone 3: Establishes caring relationships

- Caring relationships are established with:
  - Individuals and families,
  - Communities,
  - Systems.



"Nobody cares how much you know, until they know how much you care."  
Theodore Roosevelt

### Cornerstone 4: Grounded in:

- Social justice
- Compassion
- Sensitivity to diversity
- Respect for all people

### Cornerstone 5: Encompasses wholistic health

- Mental
- Physical
- Emotional
- Social
- Spiritual
- Environmental

### Cornerstone 6: Promotes health based on epidemiological evidence

- Epidemiology – disease in populations
- Evidence-based nursing practice
- Evidence-based resources
  - National Guidelines Clearinghouse [www.guideline.gov](http://www.guideline.gov)
  - Joanna Briggs Institute <http://joannabriggslibrary.org/>

Research evidence	Health care resources
Best Evidence	
Clinical circumstances	Patient preference

(DiCenso, A. : G. G., & Ciliska, D.,2005)

### Cornerstone 6 continued: Prevention

- Primary prevention
- Secondary prevention
- Tertiary prevention

## Primary prevention

- Health promotion
- Specific protection



## Secondary prevention

- Early detection and treatment
- Screening



## Tertiary prevention

- Prevents existing problems from becoming worse
- Rehabilitation



## Cornerstone 7: Collaborates with community resources

- Core functions of governmental public health nursing
- Schools
- Faith-based institutions
- Community groups
- Food shelves
- Emergency housing
- Free/sliding fee scale clinics
- Community boards
- Interpreters



## Cornerstone 8: Functions under the Nurse Practice Act

- Minnesota Nurse Practice Act
  - <http://mn.gov/health-licensing-boards/nursing/laws-and-rules/nurse-practice-act/>
- Public Health Nursing: Scope & Standards of Practice (2<sup>nd</sup> Edition)
  - <http://www.nursesbooks.org/Main-Menu/Standards/Public-Health-Nursing-2nd.aspx>

## Conclusion



## References

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