

Sally S. Psychologist

1118 River Avenue, St Paul, MN 55111

651-331-1111

s-psychologist@yahoo.com

SUMMARY OF QUALIFICATIONS

Broad experience in counseling people in a diversity of settings including work with at-risk clientele in crisis situations. Three years of managerial experience including programming, responsibility for budgets, and hiring and supervision of staff. Excellent interpersonal skills, establishing quick rapport, trust, and open communication.

EDUCATION

Master of Arts in Counseling Psychology
BETHEL UNIVERSITY, St. Paul, MN
GPA 3.8
May 2005

Bachelor of Arts in Psychology
MIDDLETOWN COLLEGE, Middle, MN
GPA 3.6
May 1997

COUNSELING PRACTICUM

Christian Counseling Center
Intern (supervised by Licensed Psychologist)
2004 – 2005

- Provided one-on-one counseling for individuals
- Coordinated group counseling sessions on family relationships and conflict resolution
- Experience with initial contact, diagnosis, development of treatment plans – offering interventions and crisis management
- Directed two support groups dealing with self-esteem issues

RELATED EXPERIENCE

Help Line
Telephone Counselor
2002- 2004
College County, MN

- Telephone counselor for 24-hour child abuse hotline
- Provided crisis intervention and education for parents
- Assessed nature of the crisis and potential danger to child
- Maintained referral network contacts

University of Minnesota Research Foundation
Volunteer Research Assistant
2001 – 2002
Minneapolis, MN

- Assisted professor with research on a project examining anxiety
- Helped to facilitate stress responses in subjects
- Recorded data and compiled research using statistical software

Twin Cities Committee on Substance Abuse
Summer Intern/Health Educator
Summer 1997
College County, MN

- Planned activities for at-risk youth
- Assisted staff with group educational presentations
- Coordinated summer health fair

WORK EXPERIENCE

- Kid Care
Assistant Director 2000 - 2002
Plymouth, MN
- Responsible for coordinating day—to day programming for the center
 - Directly managed 10 full-time staff and 5 part-time staff
 - Provided oversight of care for 80 children ages 18 months to 6th grade
 - Assisted with management of budget and strategic planning
 - Responsible for hiring and supervision of staff
- Urban Ministry Center
Youth Counselor 1998 – 2000
Minneapolis, MN
- Provided intake assessment for youth ages 13 to 18
 - Facilitated weekly small group sessions to process students' life issues
 - Developed mentoring relationships with youth
 - Planned and coordinated retreats and activities for youth
- Office of Admissions, Middletown College
Campus Tour Guide 1995 – 1997
Middle, MN
- Conducted tours of campus for prospective students and their families
 - Marketed the college professionally; making presentations, speaking publicly, and working with large and small groups
 - Represented the college; making an excellent first impression

HONORS, ACTIVITIES, AND PROFESSIONAL AFFILIATIONS

- Member of APA – American Psychological Association
- Member of MACD – Minnesota Association of Counseling and Development
- Awarded President's Scholarship – Middletown College (all four years)
- Served on *Youth in Crisis* Committee of MACD (2003)

SUMMARY OF COUNSELING PHILOSOPHY

My philosophy of counseling focuses on the ways in which clients can come to understand their current difficulties and make positive changes in their lives. The counseling relationship is a "therapeutic alliance" – the counselor and the client working together to identify the problems, clarify the issues, and develop strategies that lead to change.

As a Christian counselor, my commitment is to work with clients at a deeper level to uncover motivations, values, thoughts, feelings, attitudes, behavior, and the influences of a client's environment. Together we look at unhealthy patterns and seek to replace them with balanced and healthy ways of dealing with life.